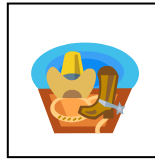


Sea View Senior Living Community
 98059 Gerlach Lane
 Brookings, OR 97415



Sea View Gazette

September 2011

seaviewseniorliving.com

541-469-4500



September Special Events

September 4
My Fair Lady
 on Stage

September 9
The Assets of Having a Seeing-Eye Dog
 Carol Mallard & Hooper

September 11
 Sunday Brunch
 at Lucky 7 Casino

September 12
 Guys Lunch out
 with Bill

September 14
 Ladies Lunch out
 with Kathy

September 15
 Sea View's 2nd
 Annual Round-Up

September 18
 North County Fair & Harvest Celebration
 in Arcata

September 30
Walkers & Canes
 Workshop with Barb Woodcock

School Days, School Days, Dear Old Golden Rule Days . . .

Most of us can recall vivid memories from our early school years. My mom used to tell me about how she rode a horse to school in Missouri, even in the snow. I thought it would be fun to evoke some school day memories from our residents here at Sea View so I asked around and I heard some interesting stories. Here are a few tidbits I would like to share with you. One of our ladies remembers 1st grade, how when she arrived at school each morning the band would be practicing, so she would march into the school building to the beat of the music. Another resident remembers walking 2 ½ miles to school, even with snow on the ground. Then there is the memory of a teacher who had many ringlets in her hair and was given the nickname, "72 spit curls." I learned, from talking to our residents, that in many states back in the "old days" female teachers were not allowed to be married, thus there were many "old maid" teachers.



One of our residents remembers in 3rd grade the art teacher giving all of the students some clay and telling them to make a turtle. She did not know how to make a turtle so she made an elephant from her clay and presented it to the teacher.



Instead of showing pride in her student's work, the teacher reprimanded her for not following instructions and sent her back to her seat to make a turtle. Back at her desk, she tore her elephant apart feeling that something was not right – she had done her best with her elephant and her best had been rejected. This incident prompted her to go on and become a teacher herself.





**GIDDY ON UP TO SEA VIEW SENIOR LIVING
 FOR OUR 2ND ANNUAL WESTERN ROUND-UP
 THURSDAY, SEPTEMBER 15TH
 5:00 PM DINNER & LIVE MUSIC!
 ENJOY BBQ RIBS AND CHICKEN,
 BAKED BEANS, CORNBREAD,
 HOMEMADE APPLE CRISP, & MORE!
 YEE HAW!**

RESERVATIONS ARE REQUIRED
 SEATING IS LIMITED
 541-469-4500

WWW.SEAVIEWSENIORLIVING.COM
 98059 GERLACH LANE, BROOKINGS, OR 97415
 WE ARE LOOKING FORWARD TO SEEING YOU!

Jan's Corner

Making Proactive Choices



During our lifetime we must make many choices. Some of the choices we make are: College, career, marriage, children, and retirement. And some "choices" that we make are made not by choice at all, but because we are faced with a situation; such as injury, illness, or care.

I think we would all agree that making proactive choices, before it is forced because of an emergency or crisis, is usually the best for the person that it directly impacts.

So, we begin to implement plans such as health insurance, life insurance, trusts and wills, and retirement funds.

What about the type of care you will need in your senior years? Do you have a plan in place? Have you discussed with your spouse and your family about when it will be time to make a transition from home to a community that can meet needs for independent, Assisted and/or Memory Care?

The most difficult part of the decision is being realistic about when the time is right. As our needs increase, our impact on others' lives becomes greater. So, the question is do we "**gain independence**" by making a proactive choice about choosing to live where our needs can be met? Or do we "**become dependent**" on friends and family? The decision to stay at home can be a very selfish decision, because of our need to rely on others for our care.

If you would like more information on making an informed choice about the type of care you may need and when it may be a good time to implement your decisions please call me to schedule an appointment.

Warmly,
Jan Ramelli, Community Relations Director

Winners!

We would like to recognize
Del Norte Community Health Care
(South of the border)



and **Cal Ore Life Flight**
(North of the border)
as winners of our August puzzle.
Congratulations!



Sea View residents and guests had a fun-filled evening on August 18th with a beach party that celebrated the songs and amusements of Jimmy Buffett. Before the party even started our Scrabble players tried on some hats that you would likely see if you attended a Jimmy Buffett concert.



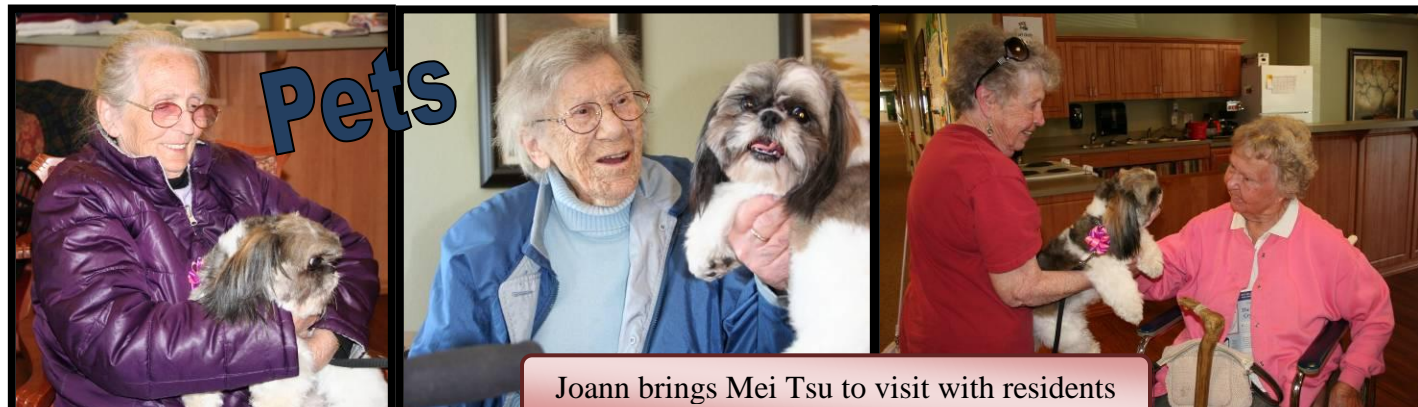
Residents turned into Parrotheads for the evening.

During the party we served up margaritas, played Jimmy Buffett music and handed out a lot of door prizes; parrot & fin hats, T-shirts, and a variety of other Margaritaville items. Rob also prepared an amazing Cajun buffet.



Brightcreek

Sea View's Memory Care Community



Joann brings Mei Tsu to visit with residents



Margaret, Veva and Claricel enjoy ice cream during their weekly visit to the Soda Shop



Rick helps Art and Dean construct a frame for a tent out of PVC pipe and Winnie works on a jigsaw puzzle



Sandy Hicks

We would like to introduce Sea View's new Executive Director and throw out a big WELCOME ABOARD to Sandy Hicks!



A Note From Our Executive Director

I would like to take this time to introduce myself to all the residents, family members and staff. My wife and I moved from Flagstaff, Arizona two weeks ago to beautiful Brookings. We are excited to be here and our welcome from everyone has been incredible. My wife's name is Michelle and she will be popping in frequently so please say hi to her. We have one son who lives in Seattle, so it is nice being closer to him. We have two dogs, Dobie and Joey, who you will all see on occasion. I look forward to getting to know all of the residents, their family and staff and will do everything I can to continue and grow the excellent service and care that is in place here. Please feel free to talk with me if you have any issues, or if you just want to say "hi" that would be great.

Thanks, Sandy



Carl dances with Lola in the Soda Shop while Ora plays along with the Boon Dock Band. Carol and Helen drink their Fresca and enjoy the music.

Mary Edna flashes an award-winning smile and Theresa visits with Maggie.



Residents join in a bi-weekly game of Scrabble